



# FEBRUARY 2015

Meadowlands Family Success Center  
 100 Washington Ave.  
 Little Ferry, NJ, 07643  
 201-464-4714






**ACTIVITIES ARE FREE AND OPEN TO ALL!**  
**Hours:**  
 M&W: 11am-7pm  
 Tues, Thurs, Fri.: 11am-6pm  
 Every other Sat. 10am-2pm

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <b>M</b>	2 <b>F</b>	3 <b>S</b>	4 <b>C</b>	5 <b>CLOSED</b>	6 <b>ALL WEEK</b>	7
		Powerful Parenting: Parenting with Common Sense 5:00-6:30p	Community Feedback Meeting: 6:00-7:00p			Rookie Readers 12:00-1:00p
8 	9	10 DIY University: Project TBD 1:00p-2:00p Arts & Crafts (O) Fun with Perler Beads 3:30p-4:30p Powerful Parenting: Parenting with Common Sense 5:00-6:30p	11 Munchkin Playtime(O) 11:30-12:30p  Jersey ON: Low Cost Internet Information Session 5:30-7:00p	12 Financial Peace University Information Session 5:30-7:00p  Evening Movie Book Of Life 5:30-7:00p	13 Story Time! (O) 11:30-12:30 p Yoga for beginners 5:00-6:00p	14 <b>CLOSED</b> 
15	16 	17 DIY University: Project TBD 1:00p-2:00p Powerful Parenting: Parenting with Common Sense 5:00-6:30p	18 Munchkin Playtime (O) Valentine's Day Celebration 11:30-12:30p	19 Financial Peace University 5:30-7:00p  Evening Movie Box Trolls 5:30-7:00p	20 Story Time! (O) 11:30-12:30 p	21 Parenting Power Hour 12:00-1:00p Rookie Readers 12:00-1:00p
22 	23 2 <sup>nd</sup> Annual Senior Soiree 1:30-3:30p	24 DIY University: Project TBD 1:00p-2:00p Arts & Crafts (O) Wax Paper Crayon Melts 3:30-4:30p Powerful Parenting: Parenting with Common Sense 5:00-6:30p	25 Munchkin Playtime (O) 11:30-12:30 p	26 Senior Matinee Moonachie Senior Center 1:00pm Financial Peace University 5:30-7:00p Evening Movie How to Train Your Dragon 2 5:30-7:00p	27 <b>MFSC CLOSED</b> 	28 <b>CLOSED</b>
<ul style="list-style-type: none"> <li>• <b>Need to Fax or Print?</b> Stop by our computer lab for free computer use!</li> <li>• <b>See a program you like?</b> Call our Family Success Center for more information!</li> <li>• <b>Have a suggestion?</b> Stop by our center and tell us what you would like to see in your community</li> </ul>						

**\*See back for details**

**(O)= Ongoing activity (S) = limited time series ALL ACTIVITIES ARE FREE TO THE COMMUNITY!!**  
 The Meadowlands Family Success Center is operated by the Meadowlands Area YMCA, with federal and state funding

What to do?	Where?	What's this about?
<b>Arts &amp; Crafts (S) Tuesday 3:30-5:00pm</b>	Main floor	Create Fun Crafts with your children after school! Projects vary every session. Pre-registration required. Parents must stay on premises.
<b>Community Feedback Meeting</b>	Conference room 2 <sup>nd</sup> flr	Find out how you can get involved with the FSC. Plan activities and workshops and be a part of the decision making process at the MFSC
<b>DIY University : Project TBD</b>	Main Floor	DIY University will make crafting accessible, fun and simple. <b>Preregistration is encouraged</b>
<b>Evening Movie (S): Thursdays 5:30-7:00p</b>	Main Floor	Enjoy a feature length movie with light refreshments provided. <b>Parents are required to stay on the premises for this event.</b>
<b>Financial Peace University Information Session</b>	Conference rom 2 <sup>nd</sup> flr	Learn what all the hype is about! Get a preview of the 9 lessons that will change the way you look at money and help you take control of your finances! <b>Space is limited. Preregistration is encouraged</b>
<b>Financial Peace University</b>	Conference room 2 <sup>nd</sup> flr	Dave's most popular class is all new! In 9 lessons, you'll learn to take control of your money, invest for the future, and give like never before. <b>Preregistration is required for this workshop. Childcare will be provided</b>
<b>Jersey On: Low Cost Internet Information Session</b>	Main Flr	Learn about low cost internet, computers, laptops and tablets at this information session. Attending this workshop could save you 100's of dollars in internet and technology purchase this year! <b>Preregistration is encouraged.</b>
<b>Munchkin Playtime (O) Wednesdays 11:30am</b>	Main floor play area	Parents with small children come and use play space to promote socialization & to have fun! Parents must stay on premises.
<b>Munchkin Playtime: Valentine's Day Celebration (O) Wednesdays 11:30am</b>	Main floor play area	Join us for a special valentine's celebration for the little ones in your life. Enjoy light refreshments and activities geared towards toddlers. <b>Parents are required to stay on premises. Preregistration is required for this event.</b>
<b>Powerful Parenting: Parenting with Common Sense (S) Thursdays 5:00-6:00p</b>	Conference room 2nd flr	Learn practical and effective parenting methods to address issues of communication, discipline, decision making, relationships, self control, and school success! <b>Preregistration is required</b>
<b>Parenting Power Hour (S) Saturday 12:00-1:00p</b>	2 <sup>nd</sup> Floor Conference Room	Connect with other parents and share experiences. Attend this group and have your parenting question answered by a <i>licensed clinician!</i>
<b>2<sup>nd</sup> Annual Senior Soiree 1:30-3:30p</b>	Little Ferry Senior Center	Come join us for a Valentine Celebration! Enjoy snacks, game, and activities during this "love" themed party. <b>Pre-sign up is required.</b>
<b>Senior Matinee Movie (Every 4th Thursday of each month) 1:00pm</b>	Moonachie Civic Center 125 Moonachie Rd, Moonachie, NJ 07074	Join the senior citizens of Moonachie and Little Ferry for an afternoon movie. <b>Lunch and refreshments provided.</b>
<b>Rookie Readers (S) 5:00-6:00</b>	Main Floor	Get your kids excited about reading with this beginner's book club that pairs reading with fun craft! This program is perfect for the new reader in your family! <b>Preregistration is encouraged</b>
<b>Story Time! (O) Fridays 11:30-12:30pm</b>	Main Floor	Enjoy snacks and stories your toddler will love! This interactive activity will help your toddler develop a love for literature! Parents must stay on premises.
<b>Yoga For Beginners (O) 5:00p-6:00p</b>	Main Floor	Relieve stress and stretch with this low impact workout that will get those muscles moving. Consult your physician before beginning this or any exercise program.